

Grade 2 Scope and Sequence Activities

Lesson 1: Intro

Folder decorating/health triangle

Lesson 2: Self Esteem

Name Game(OLW)

Draw a picture of what makes you special

Lesson 3: Your Feelings

Four Categories of Feelings (Mich Model); students create a word wall of feelings words

Lesson 4: Communication

Fractured fairy tale (OLW)

Select a fairy tale and change several words in the story; Read story and have students identify the differences; Discuss what makes it hard to listen

Lesson 5: Fear/stress management

Puppet show (GBS)

Lesson 6: Conflict resolution (GBS)

Lesson 7: Thinking of others (OLW)

Hands around the classroom project- labeled with acts of kindness

Lesson 8: Family (GBS)

Lesson 9: My body is private (GBS)

Lesson 10: Coping skills (GBS)

Lesson 11: Friends (MichModel)

Students develop a plan for making friendson “Putting What I know to Work”; create bulletin board

Lesson 12: Bullying (OLW)

Come Play With Us- bullying in the playground

Students identify the hot spots on playground for bullying; Brainstorm positive ideas to prevent bullying. Students create playground rules

Berenstain Bears and the Bully – Read-A-Loud Story Video

The Meanest Girl in Second Grade – story or video

Chrysanthemum – story or video

The Recess Queen- story or video
The Juice Box Bully - story

Lesson 13: Bullying cont. (OLW)

Let's Eat- bullying in the cafeteria

As students design placemats for lunch time, discuss types of bullying that occurs in cafeteria; Create positive behavior list for cafeteria

*OPTIONAL Cyberbullying Lesson (OLW)

Discuss with students issues surrounding online safety. Students will create posters to highlight what they should do if something online makes them scared, confused or uncomfortable.

Lesson 14: Drugs are dangerous

Drugs are dangerous quiz (worksheet)

Many kinds of drugs cutting activity

Lesson 15: Tobacco

Role play- Kelly and her uncle that smokes

Lesson 16: alcohol

Alcohol hurts your body worksheet

Lesson 17: OTC

Prescription/OTC medicine worksheet

Role play

Lesson 18: drugs and goals

Creating short term goals

Decision making game

Lesson 19: Babies and how you grow

Lesson 20: Me and my skin

Lesson 21: 5 senses- 1 & 2

Five special senses book

Lesson 22: 5 senses-3 & 4

Lesson 23: 5 Senses-5

Lesson 24: The brain/how you think

Cerebellum experiment

Make a model of the brain

[Kids Health- How the Body Works Videos - Brain](#)

Lesson 25: Heart

Heart handout maze/worksheet

Puzzlers challenge (GBS)

Heart pump activity

Be a heart helper worksheet

My pulse changes all the time worksheet

Strong hearts/ weak hearts worksheet

Your heart quiz

[Kids Health Videos How The Body Works – Heart](#)

Lesson 26: Muscles

Muscles at their seats activity

Stretching activity

Muscles to move worksheet

Muscles in motion quiz

Wide words acrostic

[Kids Health Video - Muscles](#)

Lesson 27: Personal hygiene

Group hygiene puzzle

[Elmo's World – Bath Time Video](#)

Lesson 28: Staying healthy-doctors visits

[Dentist Video – Sesame Street](#)

[Berenstain Bears go to the Doctor Video](#)

Lesson 29: Germs-get well soon

[Germ Smart Song Video](#)

Lesson 30: communicable disease

[Sid the Science Kid- Gets A Shot Video](#)

Lesson 31: HIV**Lesson 32: Nutrition**

[PBS – Arthur- D.W. The Picky Eater](#)

[BrainPOP- Nutrition](#)

Lesson 33: Nutrition cont.**Lesson 34: nutrition cont.**

Lesson 35: nutrition cont.

Lesson 36: Safety

Lesson 37: Safety cont.

Lesson 38: Poisons safety

Lesson 39: Outdoor/playground safety

Pool Safely Song and video

Lesson 40: Review/assessment