

Week	K	Grade 1	Grade 2	Grade 3	Grade 4	Grad+A1:G12e 5
1	Introduction--We Are All Welcome Here (OLW)	Introduction--We Are All Welcome Here (OLW)	Introduction--We Are All Welcome Here (OLW)	Introduction: Health Triangle /Human Scavenger Hunt (OLW)	Introduction: Health Triangle /Human Scavenger Hunt (OLW)	Introduction: Health Triangle /Human Scavenger Hunt (OLW)
2	SEL: I'm Special (HT)	SEL: Self-Esteem--"I'm Unique"	SEL: Self-Esteem--The Name Game (OLW)	SEL: Self-Esteem (LST)	SEL: Self-Esteem (LST)	SEL: Self-Esteem (LST)
3	SEL: Star Activity (GBS)	SEL: Feelings:Our Talking Stick (OLW)	SEL: Feelings: Your Feelings (MICH)	SEL: Decision Making (LST)	SEL: Decision Making (LST)	SEL: Goal Setting (LST)
4	SEL: Feelings (HT)	SEL: Communication: Listening Skills (OLW)	SEL: Communication: Fractured Fairytale(OLW)	SEL: Decision Making (LST)	SEL: Decision Making (LST)	SEL:Decision Making (LST)
5	SEL: Dealing with Feelings (HT)	SEL: Fears- Draw (GBS)	SEL: Stress Management/ Puppets (GBS)	SEL: Dealing with Stress (LST)	SEL: Dealing with Stress (LST)	SEL: Decision-Making (LST)
6	SEL: Communication: The Magical Talking Stick (MTS)	SEL: Decision Making (Aesop's Fables)	SEL: Conflict Resolution (GBS)	SEL: Stress Relief Techniques	SEL: Stress Relief Techniques	SEL: Stress Management (LST)
7	SEL: Problem Solving (MTS)	SEL: In My Shoes (ETR)	SEL: Empathy; Thinking of Others (OLW)	SEL: Communicating Feelings (LST)	SEL: Social Skills: Communication Skills (LST)	SEL: Stress Management
8	SEL: Conflict Resolution (MTS)	SEL: Family (ETR) & Friends	SEL: Family (GBS)	SEL: Anger Management	SEL: Social Skills-Peer Pressure (LST)	SEL: Social Skills: Com. Skills (LST)
9	SEL: Family	SEL: My Body is Private	SEL: Friends (MICH)	SEL: Social Skills - Friendship LST)	SEL: Ways to No (ETR)	SEL: Social Skills: Communication Skills
10	SEL: Changing Families (GBS)	SEL: Stress Management (ETR)	Bullying Prevention: Come Play With Us (OLW)	SEL: Conflict Resolution (HLC)	SEL: Assertiveness (LST)	SEL: Social Skills: Conflict Resolution
11	SEL: Goals: What Do I Want to Be When I Grow Up?	Bullying Prevention: Sometimes We Agree, Sometimes We Disagree (OLW)	Bullying Prevention: Lets' Eat (OLW)	SEL: Assertiveness: Refusal Skills (LST)	Bullying Prevention (STR) (L2 ,Ls4)	SEL: Social Skills: Conflict Resolution
12	Review	Bullying Prevention: What do we know about Bullying (OLW)	Bullying Prevention: Cyber Bullying (OLW)	SEL: Assertiveness: Refusal Skills Continued (LST)	Bullying Prevention (STR) (L2 ,Ls4)	SEL: Assertiveness (LST)
13	PHYS: Personal Hygiene (GBS)	Review/Assessment	Review/Assessment	Bullying Prevention (STR) (L1 ,Ls4)	SEL Unit Assessment	Bullying Prevention (STR) (L3,Ls)
14	PHYS: Personal Hygiene (GBS)	PREV: What Is Medicine? (GBS)	PREV: Drugs Are Dangerous (GBS)	Bullying Prevention (STR) (L1 ,Ls4)	PREV: Tobacco Content	Bullying Prevention (STR) (L3,Ls)
15	PHYS: 5 Senses: What Are They? (GBS)	PREV: Who Can Give Us Medicines? (GBS)	PREV:Tobacco (GBS)	SEL Unit Assessment	PREV: Effects of Tobacco on the Body (LST)	PREV: Tobacco: Content (LST)

16	PHYS: 5 Senses: What Do We Use Senses For?(GBS)	PREV: Medicines in the Body (GBS)	PREV: Alcohol & Other Drugs (GBS)	PHYS: Respiratory System	PREV: Alcohol Content/Influences	PREV: Marijuana: Content
17	PHYS: 5 Senses: Touch & Taste / Stations* (GBS)	PREV: Medicines & Safety (GBS)	PREV: OTC Medicines	PREV: Tobacco Effects (LST)	PREV: Alcohol Effects	PREV: Tobacco/Marijuana Effects (LST)
18	PHYS: 5 Senses: Smell & Sound Stations (GBS)	PREV: Medicines & Decision Making (GBS)	PREV: Drugs & Goals Don't Mix (WEB MD)	PREV: Tobacco -- Influences on My Choices (LST & ETR)	PREV: Marijuana - "Mac's Choice"	PREV: Alcohol Content
19	PHYS: 5 Senses: Empathy (GBS)	PHYS: Living & Non Living Things (MICH)	PHYS: Babies and How You Grow (GBS)	PREV: Alcohol Prevention (HLC)	PREV: OTC Medicines	PREV: Alcohol Effects
20	PHYS: 5 Senses(GBS)	PHYS: New Growth Beginings(MICH)	PHYS: Me & My Skin (GBS)	PREV: Alcohol Prevention (HLC)	PREV: Advertising (LST)	PREV: Refusal Skills
21	PREV: Germs How They Spread (GBS)	PHYS: Changes over a Lifetime (MICH)	PHYS: My Senses: See & Hear (GBS)	PREV: OTC/Rx Drugs	PREV: Saying No to Drugs (ETR) & Unit Assessment	PREV: OTC / Rx Drugs
22	PREV: The Scary Sneeze (GBS)	PHYS: Families Grow & Change (MICH)	PHYS: My Senses: Smell & Taste (GBS)	ATOD Unit Assessment	PREV: Poisons in the Home	PREV: Advertising (LST)
23	PREV: Disease/AIDS: (GBS)	PHYS: Developing Skills (MICH)	PHYS: My Senses: Touch & Emotions (GBS)	PHYS: Family Life	PHYS: Hygiene	ATOD Unit Assessment
24	PREV: Medicines (GBS)	PHYS: Improving Skills (MICH)	PHYS: How You Think: CNS (GBS)	PHYS: My Body is Private	PHYS: Endocrine & Hormones (ETR)	PHYS: Hygiene
25	PREV: Going to the Doctor (GBS)	PHYS: Look How Much We Know (MICH)	PHYS: Your Heart: Small But Strong (GBS)	PHYS: Growth & Development: How Your Body Changes (GBS)	PHYS: Growing: What I Can / Can't Control (ETR)	PHYS: Endocrine System & Hormones
26	PREV: Going to the Dentist (GBS)	PHYS: Everyone has Skills and Abilities (MICH)	PHYS: Muscles in Motion (GBS)	PHYS: Skeletal / Muscular Systems (GBS)	PHYS: Family Life (ETR)	PHYS: Puberty
27	PREV: What is a Drug? (GBS)	Review/Assessment	Review/Assessment	PHYS: Your Sense of Sight (GBS)	Unit Assessment (Quilt)	PHYS: Reproductive System: Female
28	PREV: Poisonings (GBS)	PREV: Personal Hygiene	PREV: What are Germs? (GBS)	PREV: Being Sick (GBS)	PREV: Where Do Diseases Come From?	PHYS: Reproductive System: Male
29	Review	PREV: Get Well Soon (GBS)	PREV: Germs They Can Make You Sick (GBS)	PREV: Disease Prevention: What Are Germs? (GBS)	PREV: How Are Diseases Spread?	PHYS: Family Unit
30	NUT: Digestive System (GBS)	PREV: Germs (GBS)	PREV: Well Care Visits	PREV: HIV (GBS)	PREV: Disease Prevention- Immunizations & Universal Precautions	Growth & Development Unit Assessment

31	NUT: My Plate (http://www.choosemyplate.gov/teachers)	PREV: Do Not Share Your Germs (GBS)	PREV: What is HIV? (ETR)	PREV: Hygiene (GBS)	PREV: HIV/AIDS-What is it? Myths & Facts	PREV: Immune System
32	NUT: Healthy Snacks (GBS/My Plate)	NUT: Why Do We Eat? (GBS)	NUT: Wide World of Food (GBS)	Disease Prevention Unit Assessment	PREV: HIV/AIDS Empathy	PREV: Communicable Disease
33	NUT: Alphabet Nutrition	NUT: Food in Your Body (GBS)	NUT: Nutrients	NUT: Digestive System (GBS)	NUT: My Plate	PREV: HIV/AIDS
34	PREV: Every Day Play / Exercise	NUT: What Are Healthful Foods? (GBS)	NUT: Favorite Foods	NUT: Food & Energy (GBS)	NUT: Nutrients	PREV: Non-Communicable Disease
35	PREV: Muscles/Heart/ Exercise	NUT: Which Foods to Choose? (GBS)	NUT: Food Dominoes	NUT: Spotlight on Breakfast (GBS)	NUT: Advertising Effects on Food Choices	NUT: My Plate
36	PREV: Being Safe: Rules of the Road (GBS)	PREV: Safety Introduction & 911	PREV: Let's Stay Safe (GBS)	PREV: Safety at Home (HLC)	NUT: Reducing Sugar Sweetened Beverages	NUT: Nutrients
37	PREV: Being Safe: Rules of the House (GBS)	PREV: Sharp Objects	PREV: Let's Stay Safe (GBS)	PREV: Safety Online/ Community (HLC)	PHYS: Physical Activity	NUT: Diet & Exercise
38	PREV: Being Safe: Rules of the Game (Harmful Behaviors) (GBS)	PREV: Keep Away From Poisons	PREV: Keep Away From Poisons	PREV: Car Safety (HLC)	Unit Assessment	NUT: Nutrition as Prevention
39	PREV: Being Safe: Commonsense Rules (GBS)	PREV: Outdoor Safety/ Playground Safety	PREV: Outdoor Safety/ Playground Safety	PREV: Sun Safety	PREV: Summer Safety	Unit Assessment
40	Review	Review/Assessment	Review/Assessment	Unit Assessment	PREV: Summer Safety	PREV: Summer Safety
Resource	ETR = Actions for Health	HLC=Healthy Lifestyle Choices	HT=Health Teacher Web MD	MTS = The Magical Talking Stick	OLW=Olweus	STR=Steps to Respect, Levels 1-3, Ls=lesson
Misc abbrev.'s			PHYS= Physical Health	PREV= Safety & Prevention	NUT= Nutrition	SEL=Social Emotional Learning
*Note NBPS policy on foods and allergens						